

Cegin

CAWDOR

KITCHEN & BAR

MAY 2017

SMALL PLATES

Soup of the day, homemade fresh bread	3.95
Mini fish, triple cooked chips, tartar sauce	5.50
Salmon and crayfish fishcake with a bloody mary mayonnaise	5.50
Chicken croquettes with a peppery rocket salad and garlic aioli	5.00
Risotto with fresh local asparagus, green pea and mint (V)	5.00
Local mussels with shallot, garlic and white wine	6.00
Chicken liver, brandy and organe parfait with onion marmalade and toasted walnut bread	5.00
Fresh local goats curd with watermelon, Camarthen Ham, a honey & mustard dressing	5.00
Smoked duck, pomegranate and orange salad with balsamic vinegar	5.50
Panko breaded local brie with cranberry compote	5.00
Confit chicken leg, mixed beans and chorizo stew	5.50
Salt and pepper squid with a garlic aioli	5.50
Mediterranean vegetables, tomato sauce, pesto (V)	4.50

SALADS

Home smoked chicken, locally smoked bacon and parmesan with Ceasar dressing	6.95
Smoked salmon and crayfish with marie rose dressing	6.95
Grilled Welsh goats cheese, pickled onion, walnut and pear	6.95
Home smoked duck, orange and pomegranate with balsamic reduction	6.95
Mini mozzarella, tomato and basil with fresh pesto	5.50
Feta, watermelon, orange and mint	5.50

BIGGER BITES

Locally made sausages with creamy mash potato, shallot gravy	8.95
Fish, triple cooked chips, tartar sauce	11.95
Pulled lamb shank shepherds pie with red wine gravy	11.95
Gammon steak, apple salad, grilled pineapple, poached egg and chips	9.95
Chargrilled Mediterranean vegetable and tomato risotto with grilled Welsh goat's cheese	9.95
Chargrilled chicken breast, ratatouille and fresh pesto	9.95

CAWDOR GOURMET BURGERS

Welsh Lamb and Mint Creamy Welsh goats cheese, red onion jam and crisp peppery rocket	11.95
Chargrilled Chicken Breast Pulled chicken, lettuce and garlic aioli	9.95
Cawdor Beef Burger Welsh beef 6oz burger with crispy smoked bacon, Welsh cheddar, tomato, lettuce, diced onion and Cawdor burger sauce	9.95
Welsh Pork, Apple and Mustard Slow cooked pulled bbq pork, Granny Smith apple salad and crispy onion rings	11.95
Mixed 5 Bean & Vegetable (V) Lightly spiced in panko breadcrumbs with Welsh green thunder cheese, lettuce, tomato, red onion salad and aioli	9.95

All served on a foccacia bun with homemade coleslaw and hand cut triple cooked chips. If you prefer your burger without the bun, we will give you a mixed leaf salad instead

SHARING PLATTERS

All served with toasted bread

Charcuturie & pickles	
Welsh chese & chutney	
Charcuturie & cheese	

HALF 6.00
FULL 10.00

We source the best quality local ingredients & all of our food including our breads, pastas, cookie dough, pastries and cakes are made daily in our kitchen. Due to supply and demand this may mean we run out of certain dishes. Please let us know if you have any food allergies or specific dietary requirements

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SANDWICHES

Welsh Cheddar & Chutney (V)	5.00
Welsh Beef & Horseradish	5.00
Locally Cured Ham & Mustard Mayonnaise	5.00
Roasted Chicken, Rocket & Pesto	5.00
Smoked Salmon & Cucumber	5.00
Served on our fresh homemade white or granary bread with a salad garnish	

TOASTIES

Pulled BBQ chicken or pork with Welsh Cheddar and mozzarella	6.95
Welsh celtic pride beef with Caerphilly cheese and onion jam	6.95
Local cured bacon, brie and cranberry	6.95
Classic ham, cheese and tomato	5.95
Welsh gren thunder cheese and tomato chutney	5.95
Served on our homemade white or granary bread with side salad and homemade coleslaw	

SIDES

Chunky coleslaw	3.00
Market greens	3.00
Pembrokeshire potatoes in a rich tomato sauce	3.50
Handcut triple cooked chips & Welsh sea salt	3.00
Handcut triple cooked chips & parmesan	3.50
Green garden salad	3.00
Bread & Welsh butter	2.50

BAKERY & HOMEMADE PUDDS

Chocolate Brownie	3.00
Millionaire shortbread	2.50
Trio of shortbread	2.00
Duo of scones with clotted cream & jam	3.00
Trio of Welsh cakes	2.00
Sticky toffee pudding with toffee sauce	5.00
Baked chessecake with raspberry sorbet	5.00
Add Heavenly vanilla ice-cream	1.50
Add chocolate sauce	1.00

COFFEE

Freshly ground coffee	2.30
Espresso	2.00
Double Espresso	2.20
Americano	2.50
Cappuccino	Reg 2.75 / Lge 2.95
Latte	Reg 2.75 / Lge 2.95
Mocha	2.75
Floater coffee	2.75
Coffee flavouring	0.50
Hot chocolate served with marshmallows	2.75
We also serve decaffienated	

TEAS

Pot of Tea	2.00
Earl Grey	2.00
Green Tea	2.50
Camomile	2.50
Peppermint	2.50
Lemon & Ginger	2.50
Darjeeling	2.50
We also serve additional flavours and decaffienated	